



Returning To Spirit Conference Winnipeg, MB – October 27, 2016

36 Attendees

**Was this Conference a valuable use of your time? Why or why not?
Would you be interested in hosting or attending a full Returning to Spirit Workshop?
Other Comments.**

Yes it was. I always love new paradigms and new systems of thought.

Yes, I would to experience one.

I look forward to future conversations. Migwech

Clayton Duane Swan

Yes, breaking down reconciliation into components made it achievable.

No.

Trainers were excellent and dedicated to this worthy and necessary cause.

Anonymous

Yes, very valuable. Your approach is really important and so helpful for both those of us settlers and hopefully Indigenous. It was for me anyway given the crossroads where I find myself in this new role working towards reconciliation. Thanks!

Hopefully attending and quite possibly connecting in some way to assist hosting as part of my role with Mennonite Central Committee.

Great workshops. Right on! The forgiveness workshop was great and important but possibly needs more time and nuance than a one day workshop can hold. IT is a journey that seemed a bit too quick to jump into on the spot. But perhaps it's handled differently in the longer workshop.

Kerry Saner-Harvey

It was valuable in that it provided tools to deal with forgiveness. We have issues in our life that we still have to deal with.

I would like to know more about the full program.

Michel Landry

Yes, it helped with my inner healing and understanding. It is good for the work I do as well.

Maybe. My time is quite limited.

I am happy to see that RTS is going on and that helps people to move forward in peace.

I am not in control of others, but I am in control of my thoughts and my actions. I can decide to deal with whatever comes my way. It is however harder to deal with stuff I've buried deep inside.

Anonymous

Very valuable. The sharing of leaders. The simplicity of talks and basic understanding of what is in the way of healing ourselves and relationships.
I am considering it seriously.

Gerald Michaud

This was a very valuable experience. I realized the work I need to do to move on and grow.
I would love to attend a 4 day workshop.
The component of forgiveness was the “hook” for me!

Ana

I thought that the conference was so very worth it. I feel as though everyone needs to look through their own story and this is the first step to the domino effect of reconciliation. All of the stories, teachings and open dialogue were wonderful!
I would in the future, yes!
You are all SO outstanding. Great work! Thank you.

Anonymous

Yes! First – relearning that reconciliation and forgiveness starts with reconciling and forgiving myself. Second – taking time to see my story, beginning to see how it affects my life, others lives and life.
I would like to ask my parish to host a workshop.

Mary Lysecki

Yes, very valuable! It is applicable and relevant to me personally and professionally. The sessions each provided relevant content.
Yes.
Thank you for making it possible for me to attend.

Karlee Sapoznik

It was a reinforcement of the idea that Reconciliation is an ongoing process of living. IN that sense it was an enrichment.
Not at this time.

Georges Druus??

Yes it was. I loved the individual groups and loved participating.

Anonymous

Yes. The conversation is one that needs to happen. I will carry this with me in all that I do.
Yes.
I am interested in being a trainer.

Elissa Kixen

Absolutely yes! I did not know exactly what to expect going into this, but it was so much more than I thought. If only everyone could attend this – I really think that the concepts/ideas that

were discussed and explored today were so powerful and applicable to daily life. Thank you so much.

Yes I would be – attending... one day.

Anonymous

Yes! It was a great way to learn more about the impact of Institutional Racism in Canada. More immediately it helped me to experience true and honest conversation with others. Will travel with tools that will help me navigate life and relationships.

Yes.

The one day format fits into my busy life very well!

Anonymous

Yes, going into this conference I had a certain expectation of how the day was going to go. The experience was nothing of what I thought. I enjoyed the positivity of each session and the impactful stories everyone had the opportunity to share today.

Yes.

Anonymous

It was. I had some very useful reflections on the way we use stories and how they can be negative or positive. It was powerful to hear others share their stories.

Yes, I would like more information.

I think it would have been nice to have a statement at the beginning of our sessions to establish the space as safe to share personal stories. Some of the members of the group I was in apologized and said they were embarrassed for crying in front of others. It would have been better to acknowledge and welcome all emotions so no one had to feel embarrassed for their emotions.

Erica Hoiss

Yes. Takes concepts and gives it practical application to reconciliation.

Yes.

Carolina Stecher

Yes. It was a wonderful opportunity to reflect on what reconciliation means to me. It was a refresher on the tools to use to reconcile with myself, the past and create space for joy and new relationships.

Not presently.

Gisele Lapointe

The conference was most valuable in that it let go of more than I thought I was carrying in my packsack.

Ann Dufrane?

Yes! It was great revisiting all these concepts. It is a great way to present people to RTS workshops. It really makes you want to take a workshop! Neat job!

U of W. Please let me know if you need any help getting any workshops happening at U of W!
Dr. Mary LeMaitre

I enjoyed the conference, information was shared and exercises were done to show examples of the work RTS truly offers (some of the work). Loud and clear reconciliation needs to happen.
Thank you RTS

Anonymous

Yes, I appreciated a taste of the process – its simplicity and its real doorway into a transformed and transforming way of life.

Yes, I'll speak with my associates.

Thanks for your commitment to this work of reconciliation. Well organized and great flow to the day.

Sandra Stewart RNDM

Yes, I very much enjoyed the refresher and realized I have to work on myself everyday.
Absolutely!

All the trainers were great in their presentations. Location was great. Participants were awesome. Very grateful I was able to Attend. Thanks!

Regina Raven

Yes it was because I learned other ways to set a better mind frame on how to handle situations in life and to teach my children.

Yes definitely.

Was a great day. Thanks!

Anonymous

Yes it was – was very empowering to see the impact of this work on people who have not yet had the opportunity to take the 4-day.

The day was good. Was very powerful to see responses.

Belinda Williams

It was a very valuable experience because it made me realize a lot of my past still exists in my present. Plus I thought I had reconciled with my past.

Yes I would.

Carla Mason

Yes, indeed it was. It was an eye-opener. Been stuck in the same rut all these years. Gained some valuable insights. Time to move on.

Would be interested in attending a full RTS workshop.

Anonymous

Yes – I received a better understanding of acceptance, let it go and forgive. One can't move forward till you find inner peace and forgive. Let it Go.

Possibly.
Great session.

Bill Hicks

Yes, as it reconnected me with some RTS principles, teachings and the general atmosphere of truth and openness. I felt that for people having already taken the workshop/seminar series, it was a good review. I would have liked to share in groups of two or three in more sessions.

Yes.

Future conferences could be tailored to a specific audience to unify message and level of detail – i.e. people who are new to RTS, institutional professionals, students, govt or leadership contacts. Thank you so much!

Amber O'Reilly