

What is it all about??

Can you imagine the Government of Canada coming and taking your children away from you to put them in Residential Schools! If you resisted... you could go to jail!

That is what happened to the Aboriginal peoples of Canada! Indian Residential Schools were first established in the 1800s and in 1920 the Government forced Aboriginal parents to send their children to these schools. The last federally-run Indian Residential School only closed in 1996!

**THE IMPACT
REMAINS TODAY!**

Who we are

Returning to Spirit is a community of Aboriginal and non-Aboriginal people dedicated to generating reconciliation of the Indian Residential School legacy in Canada.

We are a charitable non-profit organization that delivers workshops and training.



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Returning to Spirit is a non-profit organization that designs and delivers workshops and training programs for reconciliation within the context of Indian Residential School issues. Our focus is on moving people forward through the principles of personal empowerment. Our work goes beyond healing. It provides conditions for transformation in personal, family, community and organizational life.

*Returning
to Spirit*



Residential School Reconciliation Program

*Making the Impossible
Possible*



How it works



Returning to Spirit is a two-part training program that involves both Aboriginal and non-Aboriginal communities.

Aboriginal Workshop is a 5-day intensive process for Aboriginal people.

Non-Aboriginal Workshop is a 5-day intensive process for non Aboriginal people.

These 5-day workshops are identical.

Reconciliation is a 5-day intensive Reconciliation workshop: 2 days on communication (separately) and 3 days of “coming together”.

The Returning to Spirit Program is based on returning the people to the spirit of who they are rather than reliving the painful experience of the past, particularly that of Residential Schools.

Experience how to...

- Discover the spirit of who you are
- Move beyond “healing” and experience reconciliation
- Communicate to create Reconciliation—in every area of your life
- Create a future based on choice rather than on reaction to the past
- Experience the impossible as being possible
- Bridge the differences between yourself and others
- Discover how Residential School shows up in your life today and how it impacts Canadian society
- Be part of the solution
- Discover a more profound sense of who you really are and what you are truly capable of doing
- Explore new possibilities for the future

You will benefit by...

- Developing the ability to cause a shift in your personal and professional relationships
- Creating possibilities for new dialogue and new relationships
- Being at peace with yourself, with your family, your community...
- Experiencing a better understanding of the past, how it keeps you stuck and how to move beyond it
- Taking a look at the beliefs that limit you in your relationships and how you can move beyond them
- Acquiring a deeper knowledge and understanding of Reconciliation
- Experiencing Reconciliation between yourself and your family, your community, your co-workers and the larger world

